

Grand Canyon University Lacrosse Camps

Offense vs. Defense High School Team Camp

This is a unique opportunity for Arizona high school coaches to be on the field with their players in a camp setting. Interaction with the GCU staff and note taking are all encouraged.

Dec. 16 & 17
<p>Who: High School Lacrosse Players Time: Noon - 3 pm Individual Player Fee: \$175/Individual Player 10 Players From Same HS Program: \$150 per Player 15 Players From Same HS Program: \$125 per Player 20 Players From Same HS Program: \$100 per Player</p> <p>REGISTER NOW</p>

LOCATION: Grand Canyon University

CAMP SCHEDULE: All of these drills, concepts and scenarios are practiced daily with the GCU Men's Lacrosse Program.

- Full camp dynamic warm up
- Break out for positional instruction with the GCU offensive coordinator, defensive coordinator, faceoff and goalie coach. Participants will learn the basic principals of each position taught to every GCU player.
- Incorporate positional instruction into a series "GCU Core Drills." The five drills we perform every day that are the foundation of our success.
- In-game scenarios and strategy; the details that make a big difference.

WHAT TO BRING:

- All protective equipment: helmet, gloves, shoulder pads, arm pads, mouth piece and cup
- Stick(s)
- Cleats (molded) and sneakers

CONTACT: Head coach Manny Rapkin (manny.rapkin@gcu.edu)

GRAND CANYON UNIVERSITY MEN'S LACROSSE HISTORY:

MCLA Division I Final Four: 2015, 2016, 2017

MCLA Division I National Champions: 2015, 2017

20 MCLA Division I All-Americans in the last three seasons.

25 MCLA Division I top 10 wins in the last three seasons.

Per NCAA rules, all sport camps and clinics conducted by Grand Canyon University are open to any and all entrants and enrollment is only limited based on age, grade level, gender, or number restrictions as specified by each camp.